Chronic Care Medicaid Planning for Long-term Care Costs

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The Documents Everyone Should Have

- Last Will and Testament
- Durable General Power of Attorney
 - With a statutory gifts rider
- Living Will and Health Care Proxy
- Beneficiary Designation Forms

Changing Circumstances

• Your estate plan may be set and your documents may be signed, but...

Long-term care costs, such as nursing home room and board, assisted living facilities, and in-home aides, can substantially deplete your savings and alter your original estate plan!



Nursing Home Room & Board

• Nursing homes can range anywhere from \$12,000 per month to \$17,000 per month!





How do I pay for all of this??

Payment for Care

- Medicare and supplemental insurance plans will cover shortterm rehab. Typically this coverage lasts 100 days (possibly with a co-pay after day 20), but this coverage could be cut at any time.
- Privately pay for care (\$180,000 per year!)
- Long-term care insurance

AND/OR

Medicaid



Why Medicaid?

- We all pay into Medicaid and no one should have to become impoverished in order to pay for health care.
- Medicaid can reduce your monthly bill from \$15,000 to \$1,000 or \$2,000 (more or less depending upon the applicant's monthly income)
- The ongoing payment to the nursing home is based upon an applicant's income, and, therefore, will continue to be affordable in perpetuity.

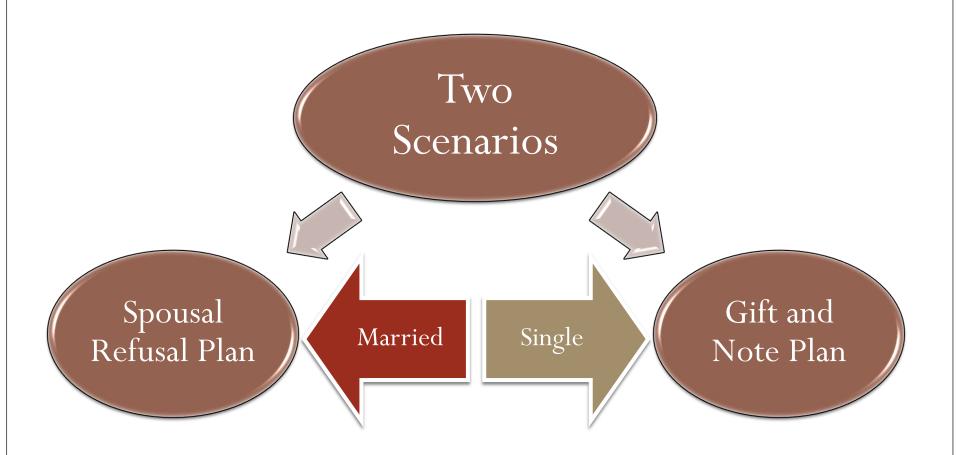
Medicaid Eligibility Requirements

- Resource limit of \$15,750
 - Includes: bank accounts, stocks, bonds, mutual funds, other non-qualified investments, life insurance cash value
 - Does not Include: house and adjoining property, life estates, one vehicle (provided it is in use), retirement funds (provided the applicant is receiving distributions), prepaid burial account
- No strict income limit (but must be less than monthly nursing home bill at the private pay rate)

What about the Five-year Lookback?

- One-month penalty for every \$10,720 that is gifted within the prior 60 months before applying for Medicaid.
- It is never too late to engage in strategies to preserve assets, even when there has been prior gifting! We can plan to save assets even when someone is about to enter a nursing home.
 - We do this by making use of exempt transfers. There is no penalty for transferring assets to a spouse or disabled/minor child.

Crisis Planning on Entry to Nursing Home





Spousal Refusal Plan

John Doe "Institutionalized Spouse"

• \$100,000

Must Be <\$15,750

Jane Doe "Community Spouse"

• \$100,000

John Doe "Institutionalized Spouse"

• \$0 = Medicaid Eligible

Jane Doe
"Community Spouse"

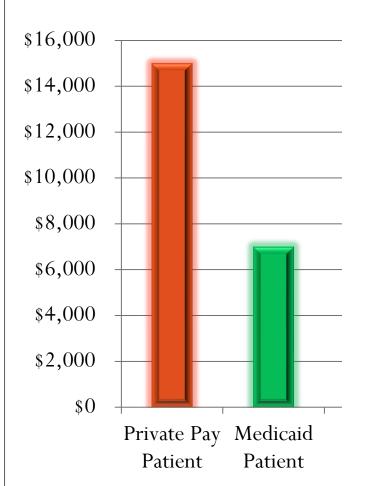
• \$200,000



Spousal Refusal Plan

Private Pay v. Medicaid

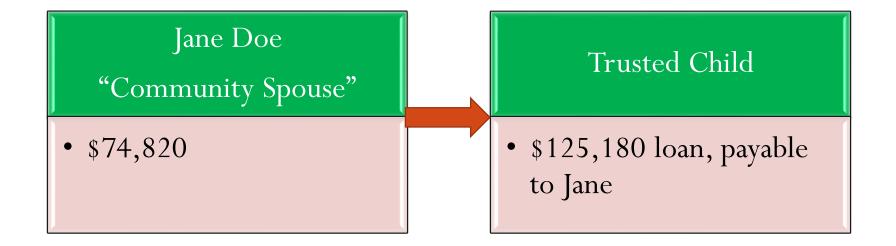
Medicaid's Rights to Reimbursement in Spousal Cases



- Community Spouse entitled to first
 \$3,000 of marital income.
- Medicaid may seek income contribution from community spouse's income in excess of ~\$3,000
- Medicaid may seek resource reimbursement from community spouse where community spouse has more than ~\$75,000



Income-Stream Plan



Gift and Note Plan

Resources

• \$100,000

Must Be <\$15,750

Gifts

Income

- Social Security
- Pension

Resources

• \$0 = Medicaid Eligible

Gifts

• \$50,000 Gift to beneficiaries under the Will

Income

- Social Security
- Pension
- \$50,000 Loan



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Summary

• A basic estate plan provides fundamental protection and everyone should have the tools necessary to make sure their plan clear.

• Crisis Planning – Asset protection options exist even on entry to nursing home.



Questions??

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